

# no. worries

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## INTRODUCTION

## No Worries—Part 4

Worry is an unwelcome guest that resides in our hearts. In a world dealing with a pandemic, protests, rioting, financial woes, and uncertainty about the future, many are experiencing the uneasiness and anxiety that accompany these troubles. How can we combat the struggle of stress, worry, and fear at a time like this?

Join us for the brand new series, No Worries, as we journey through the stories of Bible characters who faced their fears with the tools God provided—and overcame all odds.

## DISCUSSION QUESTIONS

1. Why do you think we struggle to trust God sometimes?
2. Read Esther 4:13-14. When the Jewish people were threatened with annihilation, Mordecai, Esther's cousin, suggested that God might have raised up Esther to be queen in order to accomplish a great deliverance for the Jewish people. Why might Esther have struggled to believe God had a special purpose for her life?
3. Read Ephesians 2:8-10. Why do we struggle to believe God has a special purpose for us? How can we discover God's particular plan for our lives?
4. Read Psalm 139:1-16. How is God's sovereignty comforting to us?
5. Read Esther 4:16 and Philippians 4:6-8. How do you think prayer fits in with the theology of the sovereignty of God? Can prayer really change things?
6. How can we learn to trust God more?

## APPLICATION

Why do we struggle with trusting God? We get frustrated when certain things happen, and we don't like things being out of our control. Through difficult situations, we need an anchor in our lives. We find ourselves needing truth and needing God.

Even when we can't see it, God is working. He is the King over everything, and knows everything. He is all-powerful, and He knows our stories from the beginning through the end. God also responds to prayer—He changes things in response to our prayers. And during times filled with trials and difficulties, we should pray as often as we can. Even if things aren't going how we expected or we are struggling to have faith, God is always listening and working for us.

## KEY VERSES (HCSB)

Esther 1:1-18  
Esther 2:3-13  
Esther 3:1-13  
Esther 4:1-16  
Philippians 4:6-8  
Esther 7:3-6  
Ephesians 2:8-10  
Psalm 139:1-16