



INTRODUCTION

YOLO—Part 6

YOLO may be a popular cliché phrase, but the meaning behind it is significant. The expression conveys that we should go for it. Seize the day. Take risks. Make the most of the days we have, because—you only live once.

As Christians, what should our perspective be? Moses wrote “Teach us to number our days carefully, so that we may develop wisdom in our hearts.” Because we only have one life to live, we should learn to live it wisely. Let’s take a deeper dive into the meaning behind the phrase. Throughout this relevant new series, we’ll explore the book of Proverbs and find out what it means for us to live life to the fullest.

DISCUSSION QUESTIONS

1. Which friendships have had the greatest impact on your life?
2. What would you say are the most important characteristics of a good friend?
3. Read John 15:12-13 and 1 John 4:7-12. What do these passages say about the nature of our love for each other? How would we implement this in our lives?
4. Read Proverbs 27:6 and 27:17. What role does friendship play in these verses? Describe a time when you had a friendship that was able to “sharpen” you.
5. Ecclesiastes 4:9-12. How essential has friendship been in your life? In what ways has it challenged you and grown you in faith?
6. What changes need to be made in your life in order to be a better friend to others?

APPLICATION

Friendships are important. The people you surround yourself with can influence the person you become. Friendships can shape your direction in life. The question is—do your friendships lead you to be better, wiser, and have a deeper relationship with God, or do they lead you towards sinful behaviors and thoughts?

Be mindful when you choose your friends and develop relationships. It isn’t always easy to do, because sometimes friendships develop slowly. It’s hard to know what people are really about or what they stand for at first. Once you get to know people on a deeper level, you will be able to determine if the friendship has a positive or negative effect on you. A good friend will show you love, loyalty, sacrifice, honesty, and concern—and to be a good friend, you must reciprocate and do the same for them. Finding good friends and being a good friend can be hard, especially as you become older. But when you find the people worth putting your energy into, it will always be worth it.

KEY VERSES (HCSB)

Proverbs 13:20
Proverbs 17:17
John 15:12-13
Proverbs 27:6 (ESV)
Proverbs 27:9 (ESV)
Proverbs 22:24-25
Proverbs 18:24
Ecclesiastes 4:9-12
1 John 4:7-12