



INTRODUCTION

YOLO—Part 1

YOLO may be a popular cliché phrase, but the meaning behind it is significant. The expression conveys that we should go for it. Seize the day. Take risks. Make the most of the days we have, because—you only live once.

As Christians, what should our perspective be? Moses wrote “Teach us to number our days carefully, so that we may develop wisdom in our hearts.” Because we only have one life to live, we should learn to live it wisely. Let’s take a deeper dive into the meaning behind the phrase. Throughout this relevant new series, we’ll explore the book of Proverbs and find out what it means for us to live life to the fullest.

DISCUSSION QUESTIONS

1. Why do you think people sometimes choose to do foolish things even when we know they are foolish?
2. What are some of the consequences of making foolish decisions? Can you think of an example in your own life where you did something foolish after someone warned you not to do it? What happened, and what did you learn from it?
3. Read Proverbs 1:20-23, Proverbs 8:1-5 and James 1:5. Why do you think we lack wisdom if it is so available to us? How can we grow in wisdom?
4. Read Proverbs 1:1-7. What are some of the benefits of being wise?
5. Read Proverbs 1:24-33. What are some of the consequences of being unwise? Can you think of examples?
6. How might you apply this lesson to your life?

APPLICATION

The series, YOLO, is based on the wisdom found throughout the book of Proverbs, compiled by the very wise Solomon. The book of Proverbs is a collection of sayings that were assembled by Solomon, and he did so to pass along this wisdom to his sons. As we all know, when parents, mentors, or others in our lives impart wisdom to us, it’s so that we can avoid making mistakes. The book of Proverbs was written to help spare us from the hurt of mistakes. It’s full of good advice on a variety of topics.

However, we’ve all made our fair share of mistakes, because we don’t listen to the wisdom of others. We choose to learn the hard way. All of us have been guilty of making foolish decisions because we ignored the advice of others. Fools despise wisdom, do not like being corrected, and hate discipline—they don’t listen to the lessons life throws at them. So how can we get it, right? Learning to revere God and listen to Him is the beginning of wisdom. God and His word are the ultimate source of wisdom. We have one life that extends through eternity, and we should want to get it right. A life of wisdom brings many rewards.

KEY VERSES (HCSB)

James 1:5
Proverbs 1:1-33
Proverbs 3:16-18