

- New/Changed Information
- I am a first-time visitor

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

E-mail Address \_\_\_\_\_

- |                                 |                                      |
|---------------------------------|--------------------------------------|
| <input type="checkbox"/> Male   | <input type="checkbox"/> Married     |
| <input type="checkbox"/> Female | <input type="checkbox"/> Single      |
| <input type="checkbox"/> Parent | <input type="checkbox"/> College     |
| <input type="checkbox"/> Family | <input type="checkbox"/> High School |
| <input type="checkbox"/> Child  |                                      |

**Comments, Questions, Prayer Requests, or Praise Reports:**

Prayer requests will be e-mailed weekly to the church's Prayer Team. To have requests emailed to you, list your e-mail address and write "Prayer Team."

Tim Haring, Senior Pastor  
Bill Walker, Associate Pastor

Pastors Only

### Saturday

6:30 PM

### Sunday

9:00 AM & 11:00 AM

### Worship

CAMERON KING  
REVIVE US AGAIN  
YOUR LOVE NEVER FAILS  
BLESSED BE YOUR NAME  
HOW HE LOVES

### Offering

### Host

BILL WALKER

### Special Music

LAUREN BYRER  
THE MORE I SEEK YOU

### Message

TREY DUNHAM  
SUMMER ROAD TRIP  
PART 2 - FASTING

### *McDonald's and the Art of Self-Control*

When I was a kid, my brother and I used to like to go to McDonald's and order a huge lunch, especially when we were really hungry. For some reason, we made it our ritual to get our order, find a seat, say a little prayers for all that wonderful deliciousness, and then...wait. We wouldn't eat. We would just sit there, incredibly hungry, the sweet aroma of double cheeseburgers wafting around our heads, the saliva glands in our mouths getting a really good workout.

I am not sure why, but there was something incredible in torturing ourselves in that way. I think it was the fact that, in the face of "temptation" we could control ourselves. There was something triumphant, something beautiful, that at least in McDonald's, we had some discipline. I think it made those burgers taste that much better.

Many of us have areas in our lives where we feel out of control; we cannot overcome sin or temptation and we wonder if there is any way out. We know that God is a God that is in control; we just don't think we can do it.

This week we are looking at the spiritual discipline of fasting. This age-old practice has been largely neglected by the modern church and yet it is one of the key means by which we can connect with God and begin to experience a life of control and discipline.

We are so glad that you're here with us this weekend! If you are new and have questions, feel free to stop by guestCENTRAL in the lobby.

## GENERAL INFORMATION

### No STRINGS ATTACHED

If you are a guest here today, please feel no obligation to give in the offering. If you consider Chestnut Ridge Church your home, we invite you to give joyfully.

### BAPTISM

The annual outdoor baptism will be held Sunday, August 9th at Cheat Lake Park. If you would like to be baptized, you need to set up your baptism interview by August 1st. Please mark your tear-off panel or call the office at 304.595.0548 to set up this appointment. You may also go online to [chestnutridgechurch.com](http://chestnutridgechurch.com) and click the baptism button for more information.

### MESSAGES ONLINE

The message from each weekend is available for you on our website at [chestnutridgechurch.com](http://chestnutridgechurch.com). The current and previous series are featured on the main page, while older series can be found by clicking "All Media" on the right-hand column.

## COLLEGE

### 17THREE

Connect with other college students this summer. Wednesday nights, 7 p.m. at so.zo [473 High Street], [17three.com](http://17three.com) or join the Facebook group to keep up on all the summer events.

## MERCY MINISTRY

The CRC Mercy Ministry seeks to extend the love and care of Jesus to those who are in a medical crisis such as hospitalization, surgery, injury, or illness. If you or someone you know would like to request a call or visit by one of our Mercy Ministers, visit [chestnutridgechurch.com](http://chestnutridgechurch.com), click on *LifeCare* and follow the link to *Mercy Ministry* to complete a request form. You may also call the church office at 304.594.0548.

## RENEW RECOVERY

Having trouble asking for help with an alcohol or chemical addiction? You are not alone. Other Christians who have been there are willing to help at Renew Recovery Ministry. Weekly meetings are held every Monday night at 7:00 in the Conference Room (across from the main office.)



### SUMMER SUBS

CRC Kids is looking for summer substitutes! If you'd like to be a part of the children's ministry for a week or two this summer to allow the full-time team volunteers to spend some time with their families, please send an e-mail to [jim.whittaker@chestnutridgechurch.com](mailto:jim.whittaker@chestnutridgechurch.com), or write "summer kids" on your tear-off panel and drop it in the offering.

### MISSION SIX

CRC Kids will be hosting a "Mission Six" concert for families at the Met Theatre on High Street as part of Morgantown's "Kid's Day" on Saturday, July 18th at 2:30 p.m. Admission is free, and doors will open at 2:00 p.m. This is a great opportunity to invite friends in your neighborhood who don't attend church. Learn more at [chestnutridgechurch.com](http://chestnutridgechurch.com)

## OUTSIDE THE RIDGE

### IMPACT SINGLES

Singles age 35+, join us any Friday night for these events:

7/17 - Bible Study @ CRC

7/24 - Picnic @ Cooper's Rock

For details, visit [wvimpact.com](http://wvimpact.com) or call Mark (296.0612) or Cheryl (376.3440)

### SUNDALE NURSING HOME VISIT

A homeschool group will be visiting Sundale Nursing Home on July 29th at 1:30. Children will have the opportunity to help the residents make some easy crafts. All parents and children are invited to join us for this visit. Contact Erica Jarrell at [ecjarr@yahoo.com](mailto:ecjarr@yahoo.com) for more information.

### COMPEER OF MON COUNTY

Compeer needs caring adults to volunteer as Compeer Friends! Volunteers are matched with adults who receive mental health treatment. Most of these patients have little or no support from friends or family, and are isolated and alone. No special skills required - if you can be a friend, you can be a Compeer. Learn more at [moncompeer.com](http://moncompeer.com)

Date: [July 11 & 12, 2009](#)

### I am a first-time visitor

#### Please send me information about:

- Chestnut Ridge Church
- Membership
- Home Groups
- Baptism
- How to know for certain I'll go to heaven

### I prayed to receive Christ today.

#### I'd like to talk with a staff member about:

- How to know for certain I'll go to heaven
- Being baptized
- My decision to receive Christ
- \_\_\_\_\_

Please get in touch with me about:

#### Children's Ministries

- |            |                               |                                |
|------------|-------------------------------|--------------------------------|
| Nursery    | <input type="checkbox"/> Info | <input type="checkbox"/> Serve |
| Pre-School | <input type="checkbox"/> Info | <input type="checkbox"/> Serve |
| Elementary | <input type="checkbox"/> Info | <input type="checkbox"/> Serve |

#### Student Ministries

- |               |                               |                                |
|---------------|-------------------------------|--------------------------------|
| Middle School | <input type="checkbox"/> Info | <input type="checkbox"/> Serve |
| High School   | <input type="checkbox"/> Info | <input type="checkbox"/> Serve |

#### Adult Ministries

- |                         |                               |                                |
|-------------------------|-------------------------------|--------------------------------|
| MOPS (Mothers of pre-k) | <input type="checkbox"/> Info | <input type="checkbox"/> Serve |
| Renew Recovery          | <input type="checkbox"/> Info | <input type="checkbox"/> Serve |
| Mercy (Hospital visits) | <input type="checkbox"/> Info | <input type="checkbox"/> Serve |
| h2o (College)           | <input type="checkbox"/> Info | <input type="checkbox"/> Serve |

#### Weekend Services

- |                                    |                               |                                |
|------------------------------------|-------------------------------|--------------------------------|
| Ushers                             | <input type="checkbox"/> Info | <input type="checkbox"/> Serve |
| Greeters                           | <input type="checkbox"/> Info | <input type="checkbox"/> Serve |
| Parking                            | <input type="checkbox"/> Info | <input type="checkbox"/> Serve |
| Refreshments                       | <input type="checkbox"/> Info | <input type="checkbox"/> Serve |
| Genesis Arts/<br>Technical Support | <input type="checkbox"/> Info | <input type="checkbox"/> Serve |

July is pen amnesty month

